



EAST ELGIN  
Community Complex

# \* Senior's Day Out \*



**Third Tuesday of Every Month**

**ONLY  
\$10**



9:30am to 12:30 pm **INCLUDES LUNCH!**

9:30 am to 10:30am Activity  
(Shuffleboard or Skating)

10:30am to 10:45am Coffee Break

10:45am to 11:45am Guest Speaker and demonstration

11:45am to 12:30pm Lunch (sandwich, soup, cookie)

January 17, 2012- VON presentation and fitness Activity

February 21, 2012- Findley's Driving School

March 20, 2012- Tri County Squares-Square Dancing lesson

April 17, 2012- Dietician and Lawyer (Estate Planning)

*Support workers  
are free!*



**Cut off bottom and return.**

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_

Postal Code \_\_\_\_\_

Phone and Email \_\_\_\_\_

Birth Date (year) \_\_\_\_\_

Health Concerns ( i.e allergies/limitations)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Select Dates that you will be attending and  
method of payment

January 17,2012

February 21, 2012

March 20, 2012

April 17, 2012

Methods of payment include cash or cheque.  
Please register no later than one full week in  
advance. No refunds!

East Elgin Community Complex  
531 Talbot St. West Aylmer ON N5H 2T9  
519-773-5631